

Phase 2: Training Courses/ Community Workshop

Framework: Precise details to be finalised after familiarization visit but the proposal is as follows:-

Day 1: Why Empowerment?- awareness Building

Interactive sessions introducing basic issues and concepts e.g. sharing perceptions on problems young people face: teenage development: healthy relationships; spectrum of sexual exploitation: HIV/AIDS: importance of building self-esteem & empowerment.

Day 2: Putting into Practice-Skill Building

2 parallel sessions:-

(i) For future trainers of students-they will observe/assist SWWS members as the latter conduct sessions for the students on relationship (Secondary School): Personal Safety (Primary 6).

(ii) For other participants-How to help-case studies and discussion.

Day 3: Moving Forward- Developing Local Support Networks & Spreading the Message

Discussion and planning session on future steps community can take.

Day 4: Developing School Programme- Learning by Doing

An extra day for the participants involved in the school programme so they can conduct the same programme that observe/assisted with to a different set of students under the guidance of the SWWS trainers.

Day 5: Spreading the Word- Visit to Satellite Settlement

A minimum of trainers accompany participants living/ working in the chosen satellite location back to their village for dialogue. Length of stay depends on distance. Minimum stay 1 night-maximum 3.

Phase 3: Follow-up Visit.

Purpose: To jointly assess with community their progress and to provide any additional training requested.

Framework: Trainers visit satellite settlement prior to session at centre to similarly assess and give additional input. By going immediately before the centre meeting can enrich the discussion at the centre.

Conclusion

It is hope that Phase 2 and 3 will be run before the end of this year. We belief that this is the steps towards building awareness and holistic support network for the youth in the rural areas of Sarawak that are exposed to any harm.



Program Memperkasakan Gadis Pedalaman

-katakan TIDAK! Kepada
pengeksplotasian seksual.



A community project implemented by SARAWAK WOMEN FOR WOMEN SOCIETY (SWWS) funded by JABATAN PEMBANGUNAN WANITA, Ministry of Women, Family and Community Development together with Women Bureau, Sarawak.

1. Background

It has become increasingly evident that there is a need for young women in remote rural locations to be empowered so they have the knowledge and skills to handle the changing environment in which they live, go to school and work. This is so they can reorganize and protect themselves from sexual exploitation especially when coming into contact with the wider world. Sarawak Women for Women Society having voiced out its concerns, wishes to play its part in helping establish more programme in the interior. To ensure these programme are relevant and can lead to sustained change, in initiative needs the active participation of the various ethnic group living in the area. The intention is to form partnership between them and relevant agencies in an effort to provide more systematic help to those living far from town.

2. Objective

- To increase knowledge on how to limit and handle sexuality exploitative and abusive relationship.
- To train trainers/ local contacts to (i) sustain the sharing of such knowledge and (ii) to provide direct help to young girls who require assistance.
- To facilitate the community to develop (i) systematic and empathetic responses to women and girls who have been abused (ii) constructive channels to involve assistance from the outside the area as required.
- To enable youth to protect their reproductive health through promoting discussions on healthy relationship, sexually transmitted diseases and family planning.

- To help strengthen networks between the rural community and helpful networks/services in town.

3. Target Group for the Training

Awareness programme plan will be targeted to upper primary school and lower secondary school in Baram and Niah areas: 2 classes from the secondary level and 2 classes from the primary level.

The target group will involve main individuals in the community that are potential to create awareness and giving support in that area. Part of the project plan is to empower the community in the second group to plan the support system for the youth and run the training/ their own group discussion so that more youth will get involve. Trainers/ para counselors will involve the village health promoters, teachers, PIBG, clinic staff, women leaders, youth representative, village worker, religious group and village midwife.

4. Project Design:

There are 3 phases to this project:

Phase 1: Familiarisation Visits-one to each potential site.

Purpose: To meet the community leaders, women, youth, teachers, clinic staff and other relevant people to hear their viewpoints and identify potential trainers, and para-counsellors within the community. The visit will give an opportunity to discuss relevant course content, participants, timing and other logistics. It will also help identify potential satellite areas.



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